



Media Advisory

For Immediate Release

Contact: De Jada Simpson 1.916.847.2061

Project Time Out: Healthy Body, Healthy Mind

Scholar Athletes Globally Emerging, Inc., (Team SAGE) will host an educational workshop for greater Sacramento area amateur athletes. Team SAGE's focus is bridging athletic talent with scholastic achievement. Co-Founder, Wornel Simpson states, *"The goal is to propel our youth to a higher level of educational ownership and civic responsibility that will result in intellectually prepared student-athletes."*

Who: Team SAGE is a Sacramento-based community organization that has earned national and international recognition because of its focus on academic achievement and social accountability.

What: Project Time Out: Healthy Body, Healthy Mind, a life skills workshop.

Location: SMUD Museum of Science and Curiosity

400 Jibboom St, Sacramento, CA 95811

When: Saturday, April 19, 2025

Time: 10 a.m. to 1:30 p.m.

Media Visuals: Participants will have the opportunity to tour the [SMUD MOSAC](#) and explore and discover exhibits that have a direct impact on their lives. Visit [Team SAGE](#) (theteamsage.org), [Instagram](#), and [Facebook](#) for additional information and footage of Team SAGE in action.

Workshop Presenters: Select the link below for information on workshop presenters.

[Jose Bodipo Memba; Rachael Mack, RD, MS, CSSD; and Dr. Kristee Haggins](#)

Why: Studies show that after school programs have a wide range of positive impact on youth development, academic performance, and overall well-being – especially for students in underserved communities. Team SAGE is a program constructed to propel Sacramento-area youth to a higher level of educational ownership and civic responsibility, as well as enhance their athletic talents resulting in intellectually prepared student-athletes.

Background: Through strategic partnerships, Scholar Athletes Globally Emerging, Inc., (Team SAGE) provides scheduled tutoring sessions, mentoring opportunities, college tours, specialized athletic training activities, and high-level sports competition for Team SAGE scholar-athletes and affiliates. This program is sponsored in part by Wornel Simpson, Hawk Institute, and Gamma Epsilon Boule.

All donations directly support the Scholar Athletes Globally Emerging, Inc., (Tax ID#27-2107687).

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